

CURRICULUM VITAE

Name José Carlos Ferreirinha Cardoso da Rocha

Date of birth 05.07.1973

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Education -Clinical Psychology ; Inst. Sup. de Ciências da Saúde, Norte; 1997
-PhD; Universidade do Porto; Health Sciences, Psychology; 2005

Additional training -Cognitive-Narrative Psychotherapies, UCAE, Porto, 2001

Actual positions -Director of *Centro de Psicologia do Trauma e do Luto*; 2015-
-Steering Committee Bereavement Network Europe; 2015-
-Coordinator of Clinical Research area of IINFACTS, CESPU; 2014-
-Trainer of Psychological Interventions on Grief (Manchester, Aarhus, Porto, Lisbon, Vienna, Cape Town, Luanda, Viseu, Vila Real, Castelo Branco, Beja, Évora, Valencia)
-Auxiliar Professor; CESPU; 2005-
-Clinical Psychologist; Centro de Genética Clínica; 1997-

Past positions -Researcher, neurogenetic diseases; UnIGENe, IBMC-UP, 1995-2006
-Clinical Psychologist; Hospital S. Sebastião; November 2003-2006
-Expert projects evaluation; European Commission; 2006-2007
-Coordinator of UnIPSa-CESPU research unit; 2007-2014
-Lecturer at CESPU Angola, 2009-2014
-Lecturer at Universidade Portucalense, 2008-2014
-Research director, European Bereavement Research Network, 2010-2013

Research areas: Complicated bereavement; randomized controlled trials; narrative interventions; traumatic stress; complex trauma; parental and perinatal bereavement; decision-making process; stress effects on work; psychosocial genetics.

Reviewer activity -*Clinical Genetics: An International Journal of Genetics, Molecular and Personalized Medicine, Wiley-Blackwell;*
 -*Death Studies, Taylor and Francis;*
 -*European Journal of Human Genetics, Nature;*
 -*Journal of Genetic Counseling, Springer;*
 -*Clinical Psychology and Psychotherapy, Wiley-Blackwell;*
 -*Experimental Brain Research, Springer;*
 -*Journal of Clinical Psychology, Wiley,*
 -*Journal of African Health Sciences, Bioline,*
 -*Journal of Psychiatric and Mental Health Nursing, Wiley;*
 -*Journal of Child and Family Studies, Springer;*
 -*Revista Brasileira de Psiquiatria;*
 -*Bereavement Care.*

Organization of international meetings

-10th and 11th International Conference in Grief and Bereavement in Contemporary Societies, International; Advisory Committee member, Hong Kong, 10-14 June 2014 and, Lisbon, 12-15 July 2017
 -European Meeting on Psychosocial Aspects of Genetics; SPC member; ESHG; Nurnberg; May 2012; ESHG; Gothenburg; May 2010; Barcelona; 2008 and Amsterdam, 2006

Main recent scientific publications (last 6 years, 2011-2017)

-José ROCHA, C. Nunes, A. Leonardo, M. J. Correia, M. Fernandes, M. C. Paúl, V. Almeida (2018) Women generating narratives after an unwanted prenatal diagnosis result: randomized controlled trial. Archives of Women's Mental Health. 110.1007/s00737-018-0822-5
 -José Rocha (2017) Prolonged grief and posttraumatic stress effects on work productivity. European Society of Traumatic Stress Studies (proceeding).
 -José ROCHA, H Barbosa, T Pires, C Rocha (2017) Portuguese version of attitudes related to trauma-Informed care: translation and psychometric studies. European Society of Traumatic Stress Studies
 -José ROCHA, A Andrade, V Barbosa, I Azevedo, N Carvalho, D Mendes, M Pinheiro (2017) Synthesis of four randomized controlled trials with short cognitive-narrative interventions for prolonged grief. European Society of Traumatic Stress Studies (proceeding)
 -Verónica Rodrigues, S. Silva, AR Pacheco, J Dias, José ROCHA (2017) A new scale to measure grief symptoms after losing physical function (FLoGS). European Society of Traumatic Stress Studies
 -José ROCHA, Mónica Sá, Virgínia Barbosa, Sofia Andrade (2015) Three randomized controlled trials with short narrative interventions for complicated grief. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)
 -Jaqueline Almeida, Mónica Sá, Celina Silva, Margarida Chilembo, José ROCHA (2015) Relations between adult attachment and PTSD, C-PTSD and BPD symptoms in Angola. XIV Conference of European

Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)

-Paula Leal, Vera Almeida, José ROCHA (2015) Inventory of Prolonged Grief - Children: Portuguese version and psychometric characteristics. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania

-Daniela Mendes, Tadeu Mendes, Noémia Carvalho, Mariana Pinheiro, Orlando von Doellinger, Teresa Cabral, José ROCHA (2015) Complex PTSD symptoms associated with suicide attempts in a Portuguese sample. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)

-Celina Silva, Tadeu Mendes, Jaqueline Almeida, Margarida Chalembo, José ROCHA (2015) Complex PTSD in Angolan highly traumatized sample: predictor value of posttraumatic growth., XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)

-Célia Soares, Mónica Sá, Ângela Maia, José ROCHA (2015) ICD-11 Trauma Questionnaire for PTSD, C-PTSD and BPD symptoms: Portuguese version. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania

-Margarida Chalembo, Cátia Nunes, Jaqueline Almeida, Celina Silva, José ROCHA (2015) Traumatic exposure and symptoms in Angolan Civil War veterans. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)

-Ana Andrade, Margarida Moreira, Mónica Sá, Duarte Pacheco, Bruno Frade, José ROCHA (2015) Randomized controlled trial of a cognitive narrative crisis intervention for bereavement in primary healthcare. XIV Conference of European Society for Traumatic Stress Studies Trauma in Changing Societies: Social Contexts and Clinical Practice 10-13 June 2015 Vilnius, Lithuania (proceeding)

-Melissa Hill, Joann Johnson, Sylvie Langlois, Hyun Lee, Stephanie Winsor, Brigid Dineley, Marisa Horniacheck, Faustina Lalatta, Luisa Ronzoni, Angela Barrett, Mahesh Choolani, Ron Rabinowitz, Eva Pajkrt, Rachel vanSchendel, Lidewij Henneman, Wieke Rommers, Catarina M Bilardo, Paula Rendeiro, Maria João Ribeiro, José ROCHA, Ida Charlotte Bay Lund, Vigdís Stefánsdóttir, Sigrun Olafsdóttir, Helga Gottfredsdóttir, Stephen Morris, Lyn Chitty. (2014) Preferences for prenatal tests for Down syndrome: Comparing women and health professionals from nine countries. *Prenatal Diagnosis*. 34 (sup.1) 2-3. DOI: 10.1002/pd.4424 (proceeding)

- Virgínia Barbosa, Mónica Sá, José ROCHA (2014) Randomized Controlled Trial of a Cognitive Narrative Intervention for Complicated Grief in Widowhood. *Aging and Mental Health*. 18(3):354-62. DOI: 10.1080/13607863.2013.833164; IF 1.751

- Susana Lêdo, Milena Paneque, José Carlos ROCHA, Ângela Leite, and Jorge Sequeiros (2013) Predictive testing for two neurodegenerative disorders (FAP and HD): a psychological point of view. *Open Journal of Genetics*. 12/2013; 3:270-279. DOI:10.4236/ojgen.2013.34030

- Castro, Sofia, & ROCHA, José. (2013). The Moderating Effects of Previous Losses and Emotional Clarity on Complicated Grief and Traumatic Stress. *European Journal of Psychotraumatology*. 4(S1): 89 DOI:

10.3402/ejpt.v4i0.21127 (proceeding)

- Ferreira, Lúcia, Almeida, Vera, & ROCHA, José. (2013). Absence of corpse as a risk factor for complicated grief: the case of the tragedy of Entre-os-Rios, Portugal. *European Journal of Psychotraumatology*. 4(S1): 89 DOI: 10.3402/ejpt.v4i0.21127(proceeding)

- Moreira, Céu, Silva, Diana, Rocha, Célia, & ROCHA, José. (2013). Children's Revised Impact of Event Scale: Portuguese Version, Psychometric Characteristics and Usefulness in School Context Paper presented at the *European Journal of Psychotraumatology* (proceeding)

- Sá, Mónica, & ROCHA, José. (2013). PTSD and Primary Health Care: A qualitative approach to explore the perspectives and experiences of General Practitioners. *European Journal of Psychotraumatology*. 4(S1): 89 DOI: 10.3402/ejpt.v4i0.21127 (proceeding)

- Silva, Diana; Moreira, Céu; Rocha, Célia; ROCHA, José, Silva, Alexandra, & Leal, Luísa. (2013). The Effects of Traumatic Stress on Parental Involvement in Schools. *European Journal of Psychotraumatology*. 4(S1): 89 DOI: 10.3402/ejpt.v4i0.21127 (proceeding)

- Sousa, Virgiana, Sá, Mónica, Ferreira, Lúcia, & ROCHA, José. (2013). Validation of Healthy Grief Prototype Narrative. *European Journal of Psychotraumatology*. 4(S1): 89 DOI: 10.3402/ejpt.v4i0.21127.

- Teixeira, Ana; ROCHA, José; Bastos, Vânia; Frade, Bruno; Ferreira, Elisabete; Afonso, Flávia, & Pacheco, Duarte. (2013). Studies of Convergent Validity of Impact of Event Scale-Revised and Impact of Event Scale-6. *European Journal of Psychotraumatology*. 4(S1): 89 DOI: 10.3402/ejpt.v4i0.21127 (proceeding)

- Castro, Sofia I., & ROCHA, José C. (2013). The Moderating Effects of Previous Losses and Emotional Clarity on Bereavement Outcome. *Journal of Loss and Trauma*, 18(3), 248-259. doi: 10.1080/15325024.2012.687327 IF 0.707

-J. C. ROCHA (2012) Methodological guidelines for empirical validation of genetic counselling interventions. *European Journal of Human Genetics*. 20(S1)

-J. ROCHA, Flávia Afonso, Flávia Corrêa, Alexandra Leonardo, Maria Correia (2011) Longitudinal Study 7 Years after Termination of Pregnancy (TOP) on the Context of Prenatal Diagnosis. *European Journal of Psychotraumatology*. 2(S1):112

-V. Barbosa, J. ROCHA (2011) The Effectiveness of a Cognitive Narrative Intervention in Complicated Grief on Widowers, *European Journal of Psychotraumatology*. 2(S1):73

-S. Castro, J. ROCHA, V. Silva (2011) Multiple Losses Effects on Complicated Grief and Emotional Regulation. *European Journal of Psychotraumatology*. 2(S1):136

-F. Corrêa, J. ROCHA (2011) Traumatic Symptoms and Emotion Regulation as Predictors of Marital Adjustment after Perinatal Loss. *European Journal of Psychotraumatology*. 2(S1): 137

-E. Ferreira, J. ROCHA, T. Silva, C. Gonçalves, F. Moreira (2011) Complicated Grief, PTSD and Emotional Regulation in Parents who Lost a Child. *European Journal of Psychotraumatology*. 2(S1):140

-D. Pacheco, B. Frade, M. Sá, A. Andrade, J. ROCHA (2011) Predictive Model of Complicated Grief Six Months After Loss on a Portuguese Population. *European Journal of Psychotraumatology*. 2(S1):148

-T. Silva, J. ROCHA, E. Ferreira, C. Gonçalves, F. Moreira (2011) Comorbidity between Complicated Grief, Post-traumatic Stress Disorder and Depression. *European Journal of Psychotraumatology*. 2(S1):163

-V. Sousa, M. Sá, F. Moreira, J. ROCHA (2011) Construction and Validation of Complicated and Healthy Grief Prototype Narratives. *European Journal of Psychotraumatology*. 2(S1):165

Author of instruments (Portuguese versions)

-Perinatal Grief Scale (PGS); Decision Conflict Scale (DCS); Impact of Events Scale - Revised and Impact of Events Scale - 6; Inventory of Complicated Grief (ICG); Children's Impact of Event Escalade (8 and 13 versions); Prolonged Grief Scale (Children and adolescents versions); Complex Trauma Questionnaire (ICD-11); Post-traumatic Embitterment scale; Life Events Checklist (LEC); Function Loss Grief Scale (FLoGS); Manual for Complicated Grief Intervention